

# ZYMUTEST PAI-1 Activity

# RK019A

(Complete ELISA kit for Tissue-Plasminogen Activator Inhibitor Type I Activity)

**FOR RESEARCH USE ONLY.****NOT FOR USE IN DIAGNOSTIC PROCEDURES.**

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## INTENDED USE:

The ZYMUTEST PAI-1 Activity kit is a bio-immuno-assay for measuring the activity of human Tissue-Plasminogen Activator Inhibitor, type I (PAI-1), in plasma, or in any fluid where active PAI-1 can be present. **This kit is for research use only and should not be used for patient diagnosis or treatment.**

## ASSAY PRINCIPLE:

The diluted tested plasma or biological fluid is introduced into a microwell coated with recombinant tPA. When present, PAI-1 binds to coated tPA. Only the active PAI-1 reacts with tPA and is fixed on the solid phase. Following a washing step, the immunoconjugate, which is a mouse monoclonal antibody specific for human PAI-1 and coupled to horse radish peroxidase (HRP), is introduced, and binds to its specific epitope on immobilized PAI-1. Following a new washing step, the peroxidase substrate, Tetramethylbenzidine (TMB) in presence of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), is introduced and a blue colour develops. The colour turns yellow when the reaction is stopped with Sulfuric Acid. The amount of colour developed is directly proportional to the amount of human PAI-1 Activity in the tested sample.

## TEST SAMPLE:

- Trisodium Citrate or Na<sub>2</sub> EDTA anticoagulated human plasma.
- Any biological fluid where the PAI-1 Activity must be measured.

## REAGENTS:

1. **COAT:** **Micro ELISA plate**, containing 12 strips of 8 wells, coated with tPA, then stabilised; the plate is packed in an aluminium pouch hermetically sealed in presence of a desiccant.
  2. **SD:** 2 vials containing 50 ml of **F-Sample Diluent**, ready to use.
  3. **Cal:** 3 vials of **PAI-1 Activity Calibrator**, lyophilised. Each vial, when restored with 2 ml of F-Sample Diluent, allows obtaining the calibrator. The exact PAI-1 Activity concentration is indicated on the flyer provided in the kit (about 10 ng/ml).
  4. **CI:** 1 vial containing **1 ml** of lyophilised **Plasma PAI-1 Control I High** (human plasma).
  5. **CI:** 1 vial containing **1 ml** of lyophilised **Plasma PAI-1 Control II Low** (human plasma).
- Note:** The PAI-1 Activity and acceptancy ranges for controls I and II can vary from lot to lot, and are indicated on the flyer provided in the kit.
6. **IC:** 3 vials of **Anti-(h)-PAI-1-HRP immunoconjugate**, a monoclonal antibody coupled to HRP, lyophilised.
  7. **CD:** 1 vial of 25 ml of **Conjugate Diluent**, ready to use.
  8. **WS:** 1 vial of 50 ml of 20 fold concentrated **Wash Solution**.
  9. **TMB:** 1 vial of 25 ml peroxidase substrate: 3,3',5,5' – **Tetramethylbenzidine** containing hydrogen peroxide. Ready to use.
  10. **SA:** 1 vial of 6 ml of **0.45M Sulfuric acid** (Stop solution). Ready to use.

**Note:** Use only components from kits with the same lot number. Do not mix components from different lots of kits when running the assay.

## REAGENTS AND EQUIPMENT REQUIRED BUT NOT PROVIDED:

- **8-channel** or repeating **pipette** allowing dispensing 50-300 µl.
- **1-channel pipettes** at variable volumes from 0 to 20 µl, 20 to 200 µl and 200 to 1000 µl.
- **Micro ELISA plate** washing equipment and shaker.
- Micro ELISA plate **reader** with a wavelength set up at 450 nm.
- Distilled water.

## REAGENTS PREPARATION, STORAGE AND STABILITY:

In their original packaging box, before use, when stored at 2-8°C, the unopened reagents are stable until the expiration date printed on the box.

1. **Micro ELISA plate:** open the plastic pouch and take off the required amount of 8 well strips for the test series. When out of the pouch, the strips must be used within 30 minutes. Unused strips can be stored at **2-8°C for 4 weeks** in their original aluminium pouch, in presence of the desiccant, hermetically closed and protected from any moisture, and stored in the provided microplate storage bag (minigrip).
2. **F-Sample Diluent:** It is ready to use. When open, it can be used for **4 weeks**, stored at **2-8 °C**, and provided that any bacterial contamination is avoided during use. This reagent contains 0.05% Kathon CG.
3. **PAI-1 Activity Calibrator:** restore each vial with **2 ml** of F-Sample Diluent. This solution is stable for at least **8 hours** at room temperature, or **24 hours at 2-8°C**.
4. **Plasma PAI-1 Control I** (human plasma, **High**): restore with **1 ml** distilled water.
5. **Plasma PAI-1 Control II** (human plasma, **Low**): restore with **1 ml** distilled water.

**Note:** when restored, PAI-1 Activity controls are stable for **8 hours** at room temperature, **24 hours at 2-8°C** or **2 months** frozen at **-20°C** or below.

**Warning:** Plasma PAI-1 controls (4&5) are prepared with normal human plasma. This latter was tested with registered methods and found negative for HIV antibodies, HBs Ag and HVC antibodies. However, no assay may warrant the total absence of infectious agents. Any product of human origin must then be handled with all the required cautions, as being potentially infectious.

6. **Anti-(h)-PAI-1-HRP immunoconjugate:** each vial must be restored with **7.5 ml** of **Conjugate Diluent**. Let the pellet completely dissolve before use, and shake the vial gently in order to homogenize the contents. The restored conjugate is stable for at least **24 hours** at room temperature or for at least **4 weeks at 2-8°C**.
7. **Conjugate Diluent:** It is ready to use. When open, it can be used for **4 weeks**, stored at **2-8 °C**, and provided that any bacterial contamination is avoided during use. This reagent contains 0.05% Kathon CG.
8. **Wash Solution:** Incubate the vial for 15-30 minutes in a water bath at **37°C** until complete dissolution of solids, when present. Shake the vial and dilute the amount required 1:20 in distilled water (the 50 ml contained in the vial allow to prepare 1 liter of Wash Solution). The Wash Solution must be stored at **2-8°C** in its original vial and used within **4 weeks** following opening. The diluted Wash Solution must be used within **7 days**, when protected from any contamination and stored at **2-8°C**. This reagent contains 0.05% Kathon CG.
9. **TMB substrate:** It is ready to use. When open, it can be used for **4 weeks**, stored at **2-8°C**, and provided that any bacterial contamination is avoided during use.
10. **Stop solution:** It is ready to use.

**Cautions:** Sulfuric acid, although diluted to 0.45M is caustic. As for any similar chemical, handle Sulfuric acid with great care. Avoid any skin and eye contact. Wear protection glasses and gloves when handling.

**Note:** Bring the kit at room temperature, at least 30 min. before use. Store the unused reagents at 2-8°C.

## PROCEDURE:

### Specimen collection:

Blood (9 vol.) must be collected on 0.109M citrate anticoagulant (1 vol.) or on CTAD (Citrate-Theophylline-Adenoside-Dipyridamole) tubes; plasma supernatant is decanted following a 20 min. centrifugation at 2,500 g; citrated plasma should be tested within 4 hours or stored frozen at **-20°C** or below for up to 6 months, and thawed for 15 min. at 37°C just before use. Thawed specimen must be tested within 4 hours.

PAI-1: Ag can be released from platelets upon activation or disruption. However, most of the PAI-1 released from platelets is inactive or latent. In order to avoid an overestimation of PAI-1 activity, platelets must be accurately removed. Use of CTAD tubes, which prevent from platelet activation, is recommended.

In order to avoid diurnal variations, PAI-1 should be tested on fasting samples, collected at morning.

EDTA collected human plasma may also be used. Conditions of storage are the same than those for citrated plasma.

**Tested plasma or sample or controls:**

The sample must be tested diluted **two fold (1:2)** in the F-Sample Diluent. For expected PAI-1 concentrations >20 ng/ml, plasma or samples can be tested at a higher dilution, **1:5, or 1:10, or more.**

Plasma Controls I and II must be tested diluted **two fold (1:2)**, with F-Sample Diluent.

**Calibration:**

Using the PAI-1 calibrator with a PAI-1 Activity concentration "C" (indicated, for each lot of reagents, on the flyer provided in the kit), prepare the following standard solutions:

PAI-1 Activity conc. (ng/ml)	C	C/2	C/4	C/10	C/20	0
Vol. of PAI-1 Activity Calibrator	1 ml	0.5 ml	0.25 ml	0.1 ml	0.05 ml	0 ml
Vol. of F-Sample Diluent	0 ml	0.5 ml	0.75 ml	0.9 ml	0.95 ml	1 ml

Mix gently for a complete homogenization.

The standard dilutions are stable for at least **4 hours** at room temperature.

**Assay procedure:**

Remove the required number of strips from the aluminium pouch, for the series of measures to be performed. Then put the strips in the frame provided. In the different wells of the micro ELISA plate, introduce the reagents and perform the various assay steps as indicated on the following table:

Reagent	Volume	Procedure
PAI-1 Activity standard solution or tested sample or sample diluent (blank)	200 µl	Introduce the standard solutions or the tested samples or the sample diluent in the corresponding micro ELISA plate well.
<b>Incubate for 1 hour at room temperature (18-25 °C)</b>		
Wash Solution (20 fold diluted in distilled water)	300 µl	Proceed to 5 successive washings using the washing instrument (a)
Conjugate (anti (h) PAI-1 monoclonal antibody coupled with peroxidase. Restored with 7.5 ml of Conjugate Diluent)	200 µl	Introduce the Anti (h)-PAI-1- HRP immunoconjugate in the micro ELISA plate wells.
<b>Incubate for 1 hour at room temperature (18-25 °C)</b>		
Wash Solution (20 fold diluted in distilled water)	300 µl	Proceed to 5 successive washings using the washing instrument.
TMB/H <sub>2</sub> O <sub>2</sub> Substrate	200 µl	Immediately after the washing, introduce the substrate into the wells.  <b>Note:</b> The substrate distribution, row by row, must be accurate and at exact time intervals (b, c).
<b>Incubate for exactly 5 minutes at room temperature (18-25 °C) (c)</b>		
0.45 M Sulfuric Acid (5)	50 µl	Following exactly the same time intervals than for the addition of substrate, stop the colour development by introducing the 0.45M sulfuric acid (b).
Wait for <b>10 minutes</b> in order to allow the colour to stabilize and measure absorbance at <b>450 nm (A450)</b> . Subtract the blank value (d).		

**Note:**

- Never let the plates empty between the addition of the reagents or following the washing step. The next reagent must be added within 3 minutes, in order to prevent the plate from drying, which could damage the immobilised components. If necessary, keep the plate filled with Wash Solution and empty it just before the introduction of the next reagent. The washing instrument must be adjusted in order to wash the plates gently, and to avoid a too drastic emptying, which could lower plate reactivity.
- For addition of the TMB substrate, the time interval between each row must be accurate and exactly determined. It must be the same when stopping the reaction.
- Avoid letting the plate in the bright sunlight during incubations and more particularly during colour development. A micro-ELISA plate shaker can be used. An incubation temperature of 18-25°C must be respected. Results are affected by a too high (>25°C) or too low (<18°C) temperature, and measured A450 are then too high or too low. It has to be considered when

analyzing the results. In the same way, if a microplate shaker is used, it should be used only at the beginning of each step (sample introduction, immunoconjugate introduction, stop solution introduction), for 1 to 2 minutes, in order to obtain a good homogeneity. A450 values generated in the assay are significantly increased if shaking is used throughout the incubation steps.

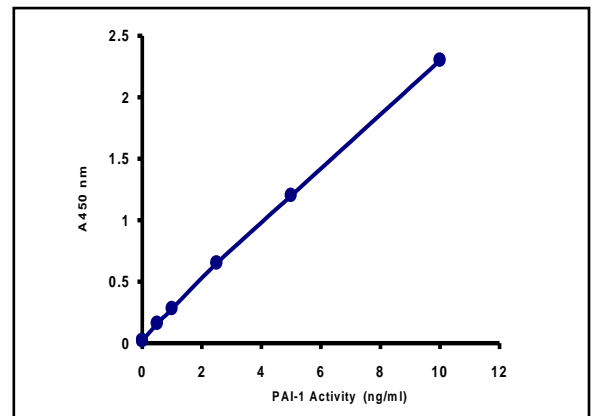
- For bichromatic readings, a reference wavelength at 690 nm or at 620 nm can be used.

**RESULTS:**

On a linear graph paper plot the **PAI-1 Activity concentration** on abscissae and the corresponding absorbance (A450) on ordinates.

From the calibration curve obtained, deduce the concentration of PAI-1 Activity of the tested sample. For obtaining the PAI-1 Activity concentration in this sample, the value read on the calibration curve must be multiplied by the dilution factor (i.e., **2, 5, 10, 20.....**).

For controls I and II, the concentrations measured must be multiplied by **2**. Alternatively, an ELISA software (i.e., Dynex, Biolise, etc.) can be used for the calculation of concentrations. **The results obtained should be for research purposes only and not used for patient diagnosis or treatment.**

**EXAMPLE OF CALIBRATION CURVE:**

The calibration curve below is an example only. Users must construct their own calibration curve, obtained using their standard dilutions.

**BIOCHEMISTRY:**

- PAI-1 is a single chain glycoprotein, synthesised by endothelial cells and hepatocytes and with a molecular weight of 50,000 daltons. In plasma it is stabilised by binding to vitronectin.
- PAI-1 is also present in platelets, but in the latent form. PAI-1 regulates fibrinolysis by inhibiting tPA or urokinase.
- The normal PAI-1 Activity in normals is usually low (< 5 ng/ml), as most of the PAI-1 is in the latent or in the inactive forms.

**ASSAY CHARACTERISTICS:**

This monoclonal antibody based assay, is specific for the active form of PAI-1, which is captured by coated tPA.

**REFERENCES:**

Declerck P.J., Alessi M.C., Verstreken M., Kruihof EK.O., Juhan-Vague I., Collen D.: Measurement of Plasminogen Activator Inhibitor 1 in biologic fluids with a murine monoclonal antibody based enzyme-linked-immunosorbent assay. Blood; 1998, 71, 220-25.